

Feelings faces

Play and explore emotions

Practise actions and faces for: frightened, happy, amazed, excited, shocked. Ask the children to march on the spot, and when you shout out an emotion, to make the right face and action. Finally shout out 'peace', and encourage the group to sit down.

Share food

Create the scene where Jesus shared a meal with his friends

Help the children prepare simple sandwiches (being aware of allergies). Sit on a blanket together and share the food. Talk about how the disciples felt as Jesus ate with them.

Name _____

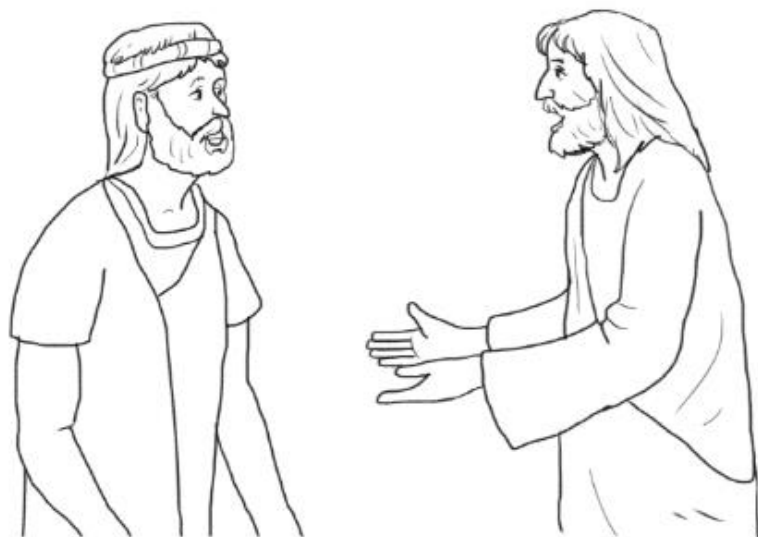
ROOTS Activity Sheet

18-24 April 2021



Luke 24.36b-48

Jesus appears to the disciples and opens their minds, to help them understand that the Bible explains all about God's plan for his death and resurrection.



Jesus explains the Bible to the disciples which helps them to feel happy instead of scared.



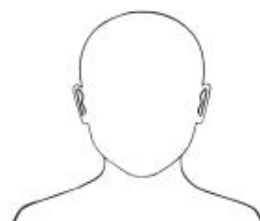
Draw the facial expressions that match the emotion written below.



Happy



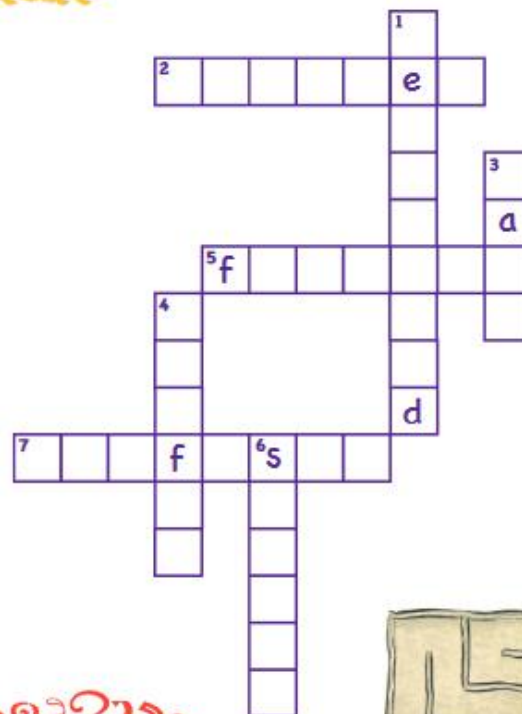
Sad



Worried



Can you find the key words about feelings from today's Bible passage? Some letters have been filled in for you.



Across:

2. When you get a big surprise.
5. When you are worried about things which might go wrong.
7. When you are not sure what to believe.

Down:

1. When you feel very afraid.
3. When you feel at peace.
4. When you feel really happy about everything.
6. When you feel afraid.



Jesus changed the feelings of the disciples from confusion to joy. Can you help this person move through the maze from being confused to feeling joyful?

